

# Facilitated Learning Discussion Topics

- 1) The role and expectations of a leader
- 2) Time management (from reactive to proactive)
- 3) Active listening (how to be a better listener)
- 4) Communicate with clarity (avoid vagueness or too much info)
- 5) Navigating tough conversations
- Sharing work style and communication preferences
- 7) Adapting to different styles
- 8) Getting your team on the same page (build bridges, not walls)
- 9) Reinforcing a collaborative culture
- 10) Delegate without micromanaging
- 11) Ask and receive feedback effectively
- 12) Giving actionable feedback candidly
- 13) Empathy in action
- 14) Reading the room (emotional & political intelligence)
- 15) Manage emotional reactions
- 16) The power of validation (subtle ways we dismiss others)
- 17) Influencing: build trust and credibility
- 18) Relationship building and networking
- 19) Stress management
- 20) Conflict management
- 21) Any topic around best practices or common pitfalls
- 22) Tips for being a great leader
- 23) Seeing yourself clearly (self-awareness)
- 24) Learn your blind spots (and what to do about them)
- 25) How to make the most out of your oneon-ones
- 26) Motivating others

- 27) Creating a positive work environment
- 28) Leading by example
- 29) From boss to coach (team empowerment)
- 30) Coaching through challenges (e.g.: underperformers)
- 31) Improving attention span and focus
- 32) Leading through change
- 33) Accountability (of self and others)
- 34) Capitalizing on strengths
- 35) Overcoming self-doubt and imposter syndrome
- 36) Appreciation in action
- 37) Setting boundaries
- 38) Building trust
- 39) Mindset and beliefs that build or break trust
- 40) Challenging limiting beliefs
- 41) Why perception matters
- 42) Intention versus impact disconnect (are you being misinterpreted?)
- 43) Building your personal brand for career growth
- 44) What is systems thinking
- 45) The domino effect of decisions
- 46) Stakeholder mapping
- 47) Balancing confidence with humility
- 48) The role of ego in leadership
- 49) What type of leader are you (results, people, process, social)
- 50) Psychological safety
- 51) Recognizing common workplace biases
- 52) From peer to leader
- 53) Inclusive leadership
- 54) Leveraging failure for growth
- 55) Managing energy, not just time



- 56) Understanding and navigating organizational politics
- 57) Leading across generations
- 58) Future-proofing your team
- 59) Self-promotion (advocating for yourself)
- 60) Reframing your inner dialogue
- 61) How self-reflection drives growth
- 62) Perfectionism versus progress (get out of your own way)
- 63) The art of prioritization
- 64) Balancing empathy with accountability
- 65) Navigating ambiguity with confidence
- 66) The role of humor in the workplace
- 67) The silent impact of micro-behaviors
- 68) Making meetings more effective and energizing

- 69) Inspiring ownership and initiative in others
- 70) The power of curiosity (ask questions that drive better outcomes)
- 71) From tactical to strategic (get out of the weeds)
- 72) Why trusting yourself is just as important as trusting others
- 73) The leader you want to be: defining your values and vision
- 74) Why great leaders help others outgrow their roles
- 75) Navigating and thriving as a woman in the workplace
- 76) How to have better conversations

### Ready to transform your team?

Schedule a facilitated learning discussion today

## About Amber

#### Learn more about Amber

Amber is an experienced leadership coach and facilitator specializing in helping organizations develop high-performing leaders and teams. Read Amber's Bio.

To explore other ways to work with Amber, visit her website.

### Additional offerings & customization

**Volume Discounts:** Volume discounts are available for multiple sessions or engagements.

**Customizations:** Amber is happy to tailor her services to meet your specific needs.

**Delivery options:** Sessions can be conducted in-person or virtually.

**Unique requests:** Looking for something different? Please feel free to inquire about other topics or service offerings to explore how Amber can support your team's development.